



SPINE AND ORTHOPEDIC SOLUTIONS

Patient Information

Name: (last) _____ (first) _____ (middle initial) _____.

Date of Birth: _____ Age: _____ Sex: _____ Height: _____ Weight: _____

Address: _____ Email Address: _____

Phone number: _____ Cell Phone number: _____ Preferred contact method? _____

Emergency Contact Name: _____ Emergency Contact Number: _____

Referring Physician _____ Primary Care Physician: _____

Describe why you are seeking Physical Therapy

Date this began (if chronic, please identify exacerbation date): _____

Have you had this issue in the past? (Circle) Yes No If yes, did you receive treatment? (Circle) Yes No .

What type of treatment did you receive? _____ Was it effective? (Circle) Yes No

History of present illness/injury

How did your condition develop? _____

Occupation history: _____ Has your work status changed? (Circle) Yes No .

Are you receiving workers compensation or in litigation? (Circle) Yes No .

Employer Name: _____ Employer Phone Number: _____

Tests you have had (check all that apply or have been conducted in the last five years)

| | | | |
|--------------------------------------|---|--------------------------------------|--------------------------------------|
| <input type="checkbox"/> Arthroscopy | <input type="checkbox"/> Doppler/Ultrasound | <input type="checkbox"/> Myelogram | <input type="checkbox"/> X-Ray |
| <input type="checkbox"/> Bone Scan | <input type="checkbox"/> EMG/NCV | <input type="checkbox"/> Stress Test | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> CT Scan | <input type="checkbox"/> MRI | <input type="checkbox"/> Vestibular | <input type="checkbox"/> Other _____ |

Systems Review (please check (✓) all that apply to your current condition and X conditions you have had in the past)

| | | | |
|---|---|---|--|
| <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Congestive Heart Failure | <input type="checkbox"/> Hearing Issues | <input type="checkbox"/> Phlebitis/blood clots |
| <input type="checkbox"/> Alcohol Abuse | <input type="checkbox"/> Depression | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Pregnant |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Psychological tx |
| <input type="checkbox"/> Angina (chest pain) | <input type="checkbox"/> Drug abuse | <input type="checkbox"/> Heart surgery | <input type="checkbox"/> Skin disease |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Stress |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Fainting or dizziness | <input type="checkbox"/> Joint replacement | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Kidney/Liver disease | <input type="checkbox"/> TMJ |
| <input type="checkbox"/> Bladder changes | <input type="checkbox"/> Fractures | <input type="checkbox"/> Lung disease | <input type="checkbox"/> Tobacco use |
| <input type="checkbox"/> Bowel changes | <input type="checkbox"/> Frequent falls | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Tumors |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Gastrointestinal issues | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Urinary Tract Infection |
| <input type="checkbox"/> Carpal tunnel syndrome | <input type="checkbox"/> Gout | <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Unexplained weight loss |
| <input type="checkbox"/> Circulatory issues | <input type="checkbox"/> Headaches | <input type="checkbox"/> Parkinson's disease | <input type="checkbox"/> Vision issues |



Patient name: _____ Date of birth: _____

When was your last physical? _____ Do you know your average blood pressure? _____

List any surgical history (include dates) _____

List known allergies: _____

Describe your present illness or injury

| | | | |
|-----------------------------------|------------------------------------|-----------------------------------|------------------------------------|
| <input type="checkbox"/> Sharp | <input type="checkbox"/> Numbness | <input type="checkbox"/> Tingling | <input type="checkbox"/> Dull ache |
| <input type="checkbox"/> Shooting | <input type="checkbox"/> Throbbing | <input type="checkbox"/> Burning | <input type="checkbox"/> Other |

| | | | |
|---|--|--|---|
| <input type="checkbox"/> Constant (76 – 100%) | <input type="checkbox"/> Frequent (51-75%) | <input type="checkbox"/> Occasional (26-50%) | <input type="checkbox"/> Intermittent (24% or less) |
|---|--|--|---|

Circle intensity of pain at rest: (no pain) 0 1 2 3 4 5 6 7 8 9 10 (unbearable pain)

Circle intensity of pain with movement: (no pain) 0 1 2 3 4 5 6 7 8 9 10 (unbearable pain)

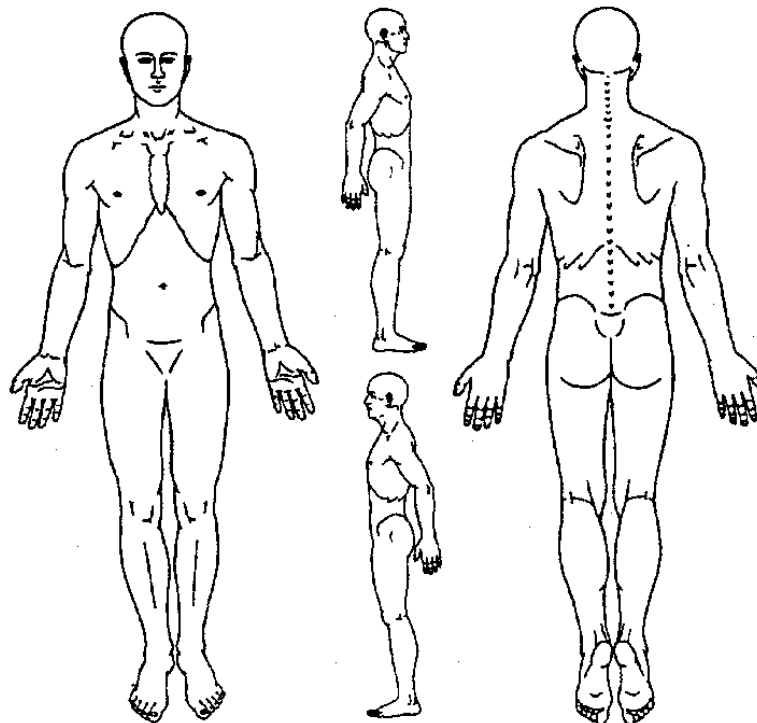
What makes it feel better _____ What makes it feel worse _____

When are your symptoms the best and worst? (Please X boxes below)

| | | | |
|------------|----------------------------------|------------------------------------|--------------------------------|
| Best Time | <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Night |
| Worst Time | <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Night |

Please label the diagram where you have symptoms with the following symbols:

| | | | | |
|---------------|-------------------|--------------|-------------|---------------|
| Numbness ---- | Pins/Needles 0000 | Burning ^^^^ | Aching XXXX | Stabbing ⊕⊕⊕⊕ |
|---------------|-------------------|--------------|-------------|---------------|





Patient name: _____ Date of birth: _____

Current medications

Please list all medications you are currently taking, along with the dosage, frequency, and condition it is intended to treat. Please include all prescription and over-the-counter medications, along with vitamin, mineral, herbal, or other dietary supplements. If additional space is needed, please add additional information on the back of this page.

| Medication | Dosage | Frequency | Condition |
|------------|--------|-----------|-----------|
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Patient signature: _____ Date: _____

Reviewed by: _____ Date: _____